



**THE ROYAL SCOTTISH COUNTRY DANCE SOCIETY
NEW ZEALAND BRANCH Inc.**

Junior Associate Membership (JAM)



**Gold Medal
&
Gold Bar**



The Royal Scottish County Dance Society

New Zealand Branch Inc.



Junior Associate Membership (JAM)

GOLD MEDAL SYLLABUS

MUSIC:

Jig time
Reel time
Strathspey time

STEPS:

Foot positions
Slip step
Skip change of step *(including skip change backwards)*
Pas de Basque *(including pas de basque travelling)*
Strathspey travelling step
Strathspey setting step

FORMATIONS:

Allemande *(in strathspey time only)*
Hands round and back *(in strathspey time only)*
Ladies' chain
Reels of 3 *(after set and turn corners)*
Reels of 3 *(after set to corners and partner)*
Set and rotate
Set to and turn corners *(in strathspey time only)*
Set to corners and partner *(in jig or reel time only)*

If formations are not performed within the dances candidates may be asked to demonstrate them separately.

DANCES:

All dancers are required to perform 4 dances, covering jig, reel and strathspey time. Teachers are responsible for selecting the dances.

Candidates will be evaluated on their understanding of progression.

The Immigrant Lass	RSCDS Book 39	32 bar 4 couple jig
A Capital Jig	RSCDS Magazine Dances	32 bar 3 couple jig
Rakes of Glasgow	RSCDS Book 11	32 bar 3 couple strathspey
The Braes of Tulliemet	RSCDS Book 7	32 bar 3 couple strathspey
Orpington Caledonians	RSCDS Book 49	32 bar 3 couple reel
General Stuart's Reel	RSCDS Book 10	32 bar 3 couple reel

GENERAL APPEARANCE:

Bow and curtsey
Deportment
Etiquette
Maintaining correct footwork
Management of the set
Teamwork

- Anticipation
- Awareness of others
- Covering

Use of hands
Spirit of the dance

GOLD MEDAL DANCES

The Immigrant Lass (32 bar jig for 4 couples)

RSCDS Book 39

- 1-4 1st and 2nd couples turn partners with the right hand 1½ times to finish in the middle with right hands still joined.
- 5-8 1st and 2nd couples dance right hands across to finish in partners' original places, while 3rd and 4th couples turn partners with the right hand 1½ times to finish in the middle with right hands still joined.
- 9-12 1st and 2nd couples dance half rights and lefts, while 3rd and 4th couples dance right hands across to finish in partners' original places.
- 13-16 1st and 3rd couples dance half rights and lefts.
- 17-24 1st and 3rd couples dance ladies' chain.
- 25-28 1st and 4th couples lead up the middle for three bars. On bar 28, retaining hold of right hands, the women turn right about under partner's arms while the men dance round above them to face down on own sides.
- 29-32 1st and 4th couples lead down. On bars 31-32, 4th couple cast up into third place while 1st couple dance down into fourth place.

Repeat, with a new top couple.

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Note for NZ Branch Medal Tests:

Bar 32: 1st couple slip into fourth place, do not curl into place.

A Capital Jig (32 bar jig for 3 couples in a 4-couple set)

RSCDS Magazine Dances 2005-2009

- 1-8 1st and 2nd couples set and rotate. 2nd couple finish in first place facing down and 1st couple in second place facing up.
- 9-16 2nd, 1st and 3rd couples dance reels of three on own sides. To begin, 2nd and 1st couples pass by the right.
- 17-20 1st couple set, and giving right hands, turn three quarters to be side by side in the middle of the set facing own sides.
- 21-24 1st woman with 2nd couple and 1st man with 3rd couple dance left hands across. 1st couple finish in second place on opposite sides.
- 25-28 1st couple set, and giving right hands, turn three quarters to be side by side in the middle of the set facing opposite sides.
- 29-32 1st man with 2nd couple and 1st woman with 3rd couple dance left hands across. 1st couple finish in second place on own sides.

Repeat, having passed a couple.

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Rakes of Glasgow (32 bar strathspey for 3 couples in 4 couple set)

RSCDS Book 11

- 1-8 1st and 2nd couples dance rights and lefts.
- 9-16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.
- 17-24 1st and 2nd couples dance an allemande.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

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The Braes of Tulliemet (32 bar strathspey for 3 couples in 4 couple set)

RSCDS Book 7

- 1-4 1st couple set and cast off one place on own sides. 2nd couple step up on bars 3-4.
5-8 1st couple, giving right hands, cross over and cast off to third place on opposite sides. 3rd couple step up on bars 7-8.
9-12 3rd and 1st couples dance four hands once round to the left.
13-16 1st couple dance up to the top and cast off one place to face first corners. 3rd couple step down on bars 15-16.
17-24 1st couple set to and turn corners and finish facing first corners.
25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass first corner by the left to begin.
31-32 1st couple, giving right hands, cross to second place on own sides.

Repeat, having passed a couple.

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Notes for NZ Branch Medal Tests:

Bar 12: 1st couple finish on the side-lines.

Bars 17-24: Two hands used to turn corners; 1st couple finish between corners.

Orpington Caledonians (32 bar reel for 3 couples in a 4-couple set) RSCDS Book 49

- 1-2 1st couple set
3-6 1st woman casts off to second place and dances across the set to face out on the men's side. At the same time, 1st man dances across the set and casts off to second place on the women's side. 2nd couple step up on bars 5-6.
7-8 1st woman with 3rd man and 1st man with 3rd woman, giving left hands, turn halfway. 1st and 3rd men finish facing out.
9-16 3rd and 1st couples dance a ladies' chain. 1st man finishes facing out.
17-20 1st man cast up to second place and dances across the set to face out. At the same time, 1st woman dances across the set and casts up to second place on the women's side. 3rd couple step down on bars 19-20.
21-24 2nd and 1st couples dance right hands across once round. 1st man and 2nd woman finish facing out.
25-32 2nd, 1st and 3rd couples dance reels of three on own sides, 1st and 3rd couples passing by the left to begin.

Repeat, having passed a couple.

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- 1-4 1st man and 2nd woman set to each other. 1st man casts off one place. 2nd man steps up on bars 3-4.
- 5-8 1st woman and 2nd man set to each other. 1st woman casts off one place. 2nd woman steps up on bars 7-8.
- 9-10 1st couple turn first corners with the right hand.
- 11-12 1st couple pass each other by the right to face second corners.
- 13-14 1st couple turn second corners with the left hand.
- 15-16 1st couple pass each other by the right to finish back to back facing first corners.
- 17-24 1st couple set to first corners, set to each other across the set, set to second corners, set to each other facing up and down the set and, pulling back right shoulders, finish back to back in the middle of the set, 1st man facing up and 1st woman facing down.
- 25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass second corners by the right to begin.
- 31-32 1st couple, giving right hands, cross to second place on own sides.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

Bars 17-24: Also known as 'Hello and Goodbye Setting'.



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STEPS:

Foot positions
Slip step
Skip change of step *(including skip change backwards)*
Pas de Basque *(including pas de basque travelling)*
Strathspey travelling step
Strathspey setting step

FORMATIONS:

Reels of three *(on opposite side and then on own side)*
Half reels of four on the diagonal
The rondel
Corner chain
Set to and turn corners
Poussette right round *(strathspey)*
Set and link for 2 couples
Corners pass and turn

If formations are not performed within the dances candidates may be asked to demonstrate them separately.

DANCES:

All dancers are required to perform **4** dances, covering jig, reel and strathspey time. Teachers are responsible for selecting the dances. Candidates will be evaluated on their understanding of progression.

Sleepy Maggie	RSCDS Book 11	32 bar 3 couple reel
Trip to Timber Ridge	RSCDS Book 52	32 bar 3 couple reel
The Last of the Lairds	RSCDS Book 22	32 bar 3 couple jig
Links with St Petersburg	RSCDS Book 46	32 bar 3 couple jig
Bonnie Ina Campbell	RSCDS Book 37	32 bar 3 couple strathspey
The Sauchie Haugh	SCD leaflets	32 bar 2 couple strathspey

GENERAL APPEARANCE:

Bow and curtsey
Deportment
Etiquette
Maintaining correct footwork
Management of the set
Teamwork

- Anticipation
- Awareness of others
- Covering

Use of hands
Spirit of the dance

Sleepy Maggie (32 bar reel for 3 couples in 4 couple set)

RSCDS Book 11

- 1-4 1st and 2nd couples dance four hands once round to the left.
5-8 1st couple set and cast off one place.
9-16 1st and 3rd couples dance right hands across and left hands back. 1st couple finish facing first corners.
17-24 1st couple set to and turn corners to finish between them.
25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass first corners by the left to begin.
31-32 1st couple, giving right hands, cross over to second place, on own sides.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

Bars 17-24: Turning corners is with 2 hands and using setting steps, corners turn for 2 bars.

Trip to Timber Ridge (32 bar reel for 3 couples in 4-couple set)

RSCDS Book 52

- 1-4 1st couple, giving right hands, turn once round and cast off one place. 2nd couple step up on bars 3-4.
5-8 1st woman with 2nd couple and 1st man with 3rd couple dance right hands across. 1st couple finish facing first corners.
9-16 1st couple dance corners pass and turn with first corners, pass by the right shoulder in the middle and dance corners pass and turn with second corners. On bar 16, 1st couple dance towards each other and pull right shoulder back to finish back to back, facing opposite sides.
17-24 2nd, 1st and 3rd couples dance double triangles. On bars 23-24, 1st couple with pas de basque dance out to second place on own side, pulling right shoulder back to face in.
25-32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

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The Last of the Lairds (32 bar jig for 3 couples in 4 couple set)

RSCDS Book 22

- 1-16 1st couple with 2nd and 3rd couples dance reels of three on opposite sides and then on own sides. To begin, 1st couple cross to the middle of opposite side followed, in turn by 2nd and 3rd couple as they reach first place and repeat to finish in original places.
- 17-20 1st couple set and, giving right hands, cross over and cast off one place. 2nd couple step up on bars 21-22 (see note below).
- 21-28 1st couple lead down, cross below 3rd couple and cast up to meet in the middle, dance up between 2nd couple and cast off to second place.
- 29-32 2nd, 1st and 3rd couples, giving right hands to partners, turn once round.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

The 3rd Edition of the Manual states “2nd couple step up. The original instructions state that 2nd couple step up on bars 19-20, but it is acknowledged that it may be more convenient to step up on bars 21-22”. This is considered safer; the instructions above have been changed to take this into account.

Links with St Petersburg (32 bar jig for 3 couples in a 4-couple set) **RSCDS Book 46**

- 1-4 1st and 2nd men, 1st and 2nd women set and link to finish across the set with nearer hands joined with partner, 2nd couple facing down and 1st couple facing up.
- 5-8 2nd and 1st couples set and link to finish on opposite sides, 2nd couple in first place and 1st couple in second place.
- 9-16 1st couple, followed by 2nd couple, dance down the middle for three steps. On bars 12-13, retaining hold of hands, women turn under partner's arms while the men dance below them to face up on own sides. 2nd and 1st couples dance up to first and second places, 2nd couple facing out.
- 17-20 2nd and 1st men giving left hands, 2nd and 1st women giving right hands, turn once round.
- 21-24 1st and 3rd men, giving right hands, 1st and 3rd women giving left hands turn once round to finish 1st couple back to back in the middle facing first corners.
- 25-32 1st couple set to first corners, set to each other across the set, set to second corners to finish facing each other up and down the set and then dance a petronella turn to second place on own sides.

Repeat, having passed a couple.

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Bonnie Ina Campbell (32 bar strathspey for 3 couples in 4 couple set) **RSCDS Book 37**

- 1-8 1st couple turn once round with the right hand, lead down the middle, dance out below 3rd couple, cast up to second place on own sides and turn with the left hand to finish with 1st woman in the middle of the dance in top place facing 2nd man and 1st man in the middle in third place facing 3rd woman. 2nd couple step up on bars 3-4.
- 9-16 1st couple dance reels of three across the dance with 2nd and 3rd couples, 1st woman giving left shoulder to 2nd man to begin, and 1st man giving left shoulder to 3rd woman. 2nd and 3rd couples dance complete reels but, on bar 12, 1st couple turn each other with the right hand to continue in the track of each other's reel. At the end, 1st couple meet in the middle in second place and pull right shoulder back to face first corners.
- 17-18 1st couple change places with their first corners giving right hands while second corners set facing each other.
- 19-20 First corners turn with the left hand three quarters round, while 1st couple and second corners dance round clockwise to the next corner position.
- 21-22 1st couple change places with their first corners in person giving right hands while second corners set facing each other.
- 23-24 1st couple turn with the left hand one and a quarter times to face first corner positions, while the corners dance round clockwise to the next corner position.
- 25-28 Giving right shoulder to person in first corner position, 1st couple dance a half reel of four with first corners. At the end, 1st couple pass by the right to face second corner positions.
- 29-32 Giving right shoulder to the person in second corner position, 1st couple dance a half reel of four with second corners. At the end, 1st couple pass by the right to second place on own sides.

Repeat, having passed a couple.

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The Sauchie Haugh (32 bar strathspey for 2 couples in a 4-couple set)

RSCDS Leaflet no 12

- 1-8 1st couple lead down the middle and up to finish facing down the dance; 2nd couple move in to face 1st couple.
- 9-16 1st and 2nd couples Rondel
- 17-24 With nearer hands joined, 2nd and 1st women and 2nd and 1st men advance one step, retire one step then turn partners once round and merge into four hands round to places on sides. (2nd couple at top, 1st couple in second place).
- 25-32 2nd and 1st couples all round poussette.

Repeat, having passed a couple.

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Notes for NZ Branch Medal Tests:

Bar 9: 1st couple join nearer hands to begin the Rondel.

Bars 19-20: 1st and 2nd couples turn partner with 2 hands.