

The New Scotland Strathspey

Progressive dance for four couples

Music

Bars

- 1 - 4 First and third couples set to partners, and cross over giving right hands, to finish facing down the dance. Second and fourth couples face up.
- 5 - 8 All set to person facing, and turn once, by right hand.
- 9 - 16 Reels of four at the sides, begin giving right shoulders, finishing in same place.
- 17 - 24 Dance eight hands round to left and back.
- 25 - 32 Grand Chain. Begin by gentlemen giving right hand to lady on their right.
- 33 - 34 Third couple cross back to own side giving right hands, while first couple turn once by right hands.
- 35 - 40 First couple dance down wrong sides of dance, giving left-right-left hands to second, third and fourth couples (who move up one place) and turn one-and-a-half times by right hand to finish in fourth place.

Repeat until each couple has completed the dance.