

Our Elsie

- A 32 bar strathspey for four couples -

Bars:

- 1 - 8 First, second, and third women dance across the dance and passing their partners right shoulder, dance down around fourth man and back up the women's side of the dance.
- 9 - 16 First, second, and third men dance across the dance and passing the person facing them left shoulder, dance down around fourth woman and back up the men's side of the dance.
- 17 - 20 First, second, and third couples dance half reels of three on their own sides, second couple beginning the reel dancing up and out.
- 21 - 24 First couple sets once and casts into second place, finishing in the centre of the dance.
- 25 - 28 First and third couples dance a half diamond pousette.
- 29 - 32 First and fourth couples dance a half diamond pousette.

Suggested music: *Staffin Harvest* - Bobby Crowe and his Scottish Dance Band.

Devised in honour of club member Elsie Holden who has enjoyed dancing with the club for many years.