



**THE ROYAL SCOTTISH COUNTRY DANCE SOCIETY
NEW ZEALAND BRANCH Inc.**

Junior Associate Membership (JAM)



**Gold Medal
&
Gold Bar**

GOLD MEDAL SYLLABUS

MUSIC:

Jig time
Reel time
Strathspey time

STEPS:

Foot positions
Slip step
Skip change of step
Skip change backwards
Pas de basque
Pas de basque travelling
Strathspey travelling step
Strathspey setting step

FORMATIONS:

Allemande (in strathspey time only)
Hands round and back (in strathspey time only)
Ladies' chain
Reels of three (after set to and turn corners)
Reels of three (after set to corners and partner)
Set to and turn corners (in strathspey time only)
Set to corners and partner (in jig or reel time only)

DANCES:

Candidates will be evaluated on their understanding of progression in 3-couple and 4-couple dances.

General Stuart's Reel	Book 10	32 bar 3 couple Reel
The Immigrant Lass	Book 39	32 bar 4 couple Jig
Rakes of Glasgow	Book 11	32 bar 3 couple Strathspey
The Braes of Tulliemet	Book 7	32 bar 3 couple Strathspey

GENERAL APPEARANCE:

Bow and Curtsey
Department
Etiquette
Maintaining correct footwork
Management of the set

- Teamwork
- Anticipation
- Awareness of others
- Covering

Use of hands
Spirit of the dance

Gold Medal Dances

The Immigrant Lass (32 bar jig for 4 couples)

RSCDS Book 39

- 1-4 1st and 2nd couples turn partners with the right hand 1½ times to finish in the middle with right hands still joined.
- 5-8 1st and 2nd couples dance right hands across to finish in partners' original places, while 3rd and 4th couples turn partners with the right hand 1½ times to finish in the middle with right hands still joined.
- 9-12 1st and 2nd couples dance half rights and lefts, while 3rd and 4th couples dance right hands across to finish in partners' original places.
- 13-16 1st and 3rd couples dance half rights and lefts.
- 17-24 1st and 3rd couples dance ladies' chain.
- 25-28 1st and 4th couples lead up the middle for three bars. On bar 28, retaining hold of right hands, the women turn right about under partner's arms while the men dance round above them to face down on own sides.
- 29-32 1st and 4th couples lead down. On bars 31-32, 4th couple cast up into third place while 1st couple dance down into fourth place.

Repeat, with a new top couple.

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Note for NZ Branch Medal Tests:

Bar 32: 1st couple slip into fourth place, do not curl into place.

Rakes of Glasgow (32 bar strathspey for 3 couples in 4 couple set) RSCDS Book 11

- 1-8 1st and 2nd couples dance rights and lefts.
- 9-16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.
- 17-24 1st and 2nd couples dance an allemande.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

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General Stuart's Reel (32 bar reel for 3 couples in 4 couple set)

RSCDS Book 10

- 1-4 1st man and 2nd woman set to each other. 1st man casts off one place. 2nd man steps up on bars 3-4.
- 5-8 1st woman and 2nd man set to each other. 1st woman casts off one place. 2nd woman steps up on bars 7-8.
- 9-10 1st couple turn first corners with the right hand.
- 11-12 1st couple pass each other by the right to face second corners.
- 13-14 1st couple turn second corners with the left hand.
- 15-16 1st couple pass each other by the right to finish back to back facing first corners.
- 17-24 1st couple set to first corners, set to each other across the set, set to second corners, set to each other facing up and down the set and, pulling back right shoulders, finish back to back in the middle of the set, 1st man facing up and 1st woman facing down.
- 25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass second corners by the right to begin.
- 31-32 1st couple, giving right hands, cross to second place on own sides.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

Bars 17-24 Also known as 'Hello and Goodbye Setting'.

The Braes of Tulliemet (32 bar strathspey for 3 couples in 4 couple set)

RSCDS Book 7

- 1-4 1st couple set and cast off one place on own sides. 2nd couple step up on bars 3-4.
- 5-8 1st couple, giving right hands, cross over and cast off to third place on opposite sides. 3rd couple step up on bars 7-8.
- 9-12 3rd and 1st couples dance four hands once round to the left.
- 13-16 1st couple dance up to the top and cast off one place to face first corners. 3rd couple step down on bars 15-16.
- 17-24 1st couple set to and turn corners and finish facing first corners.
- 25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass first corner by the left to begin.
- 31-32 1st couple, giving right hands, cross to second place on own sides.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

Bar 12: 1st couple finish on the sidelines.

Bars 17-24: Two hands used to turn corners, 1st couple finish between corners.

GOLD BAR SYLLABUS

MUSIC:

Jig time
Reel time
Strathspey time

STEPS:

Foot positions
Slip step
Skip change of step
Skip change backwards
Pas de basque
Pas de basque travelling
Strathspey travelling step
Strathspey setting step

FORMATIONS:

Reels of three (on opposite side and then on own side)
Half diagonal reels of four
The rondel
Corner chain
Set to and turn corners
Poussette right round (in strathspey time)
Reels of three (after set to and turn corners)

DANCES:

Candidates will be evaluated on their understanding of progression in 3-couple dances.

Sleepy Maggie	Book 11	32 bar 3 couple Reel
The Last of the Lairds	Book 22	32 bar 3 couple Jig
Bonnie Ina Campbell	Book 37	32 bar 3 couple Strathspey
The Sauchie Haugh	SCD Leaflets	32 bar 2 couple Strathspey

GENERAL APPEARANCE:

Bow and Curtsey
Department
Etiquette
Maintaining correct footwork
Management of the set
Spirit of the dance
Teamwork

- Anticipation
- Awareness of others
- Covering

Use of hands

GOLD BAR DANCES

The Sauchie Haugh (Strathspey)

RSCDS Leaflet no 12

- 1-8 1st couple lead down the middle and up to finish facing down the dance;
 2nd couple move in to face 1st couple.
- 9-16 1st and 2nd couples Rondel
- 17-24 With nearer hands joined, 2nd and 1st women and 2nd and 1st men advance
 one step, retire one step then turn partners once round and merge into four
 hands round to places on sides. (2nd couple at top, 1st couple in second
 place).
- 25-32 2nd and 1st couples all round poussette.

Repeat, having passed a couple.

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Notes for NZ Branch Medal Tests:

Bar 9: 1st couple join nearer hands to begin the Rondel.

Bars 19-20: 1st and 2nd couples turn partner with 2 hands.

The Last of the Lairds (32 bar jig for 3 couples in 4 couple set)

RSCDS Book 22

- 1-16 1st couple with 2nd and 3rd couples dance reels of three on opposite sides and
 then on own sides. To begin, 1st couple cross to the middle of opposite side
 followed, in turn by 2nd and 3rd couple as they reach first place and repeat to
 finish in original places.
- 17-20 1st couple set and, giving right hands, cross over and cast off one place. 2nd
 couple step up on bars 21-22 (see note below).
- 21-28 1st couple lead down, cross below 3rd couple and cast up to meet in the
 middle, dance up between 2nd couple and cast off to second place.
- 29-32 2nd, 1st and 3rd couples, giving right hands to partners, turn once round.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

The 3rd Edition of the Manual states "2nd couple step up. The original instructions state that 2nd couple step up on bars 19-20, but it is acknowledged that it may be more convenient to step up on bars 21-22". This is considered safer, the instructions above have been changed to take this into account.

Bonnie Ina Campbell (32 bar strathspey for 3 couples in 4 couple set)

RSCDS Book 37

- 1-8 1st couple turn once round with the right hand, lead down the middle, dance out below 3rd couple, cast up to second place on own sides and turn with the left hand to finish with 1st woman in the middle of the dance in top place facing 2nd man and 1st man in the middle in 3rd place facing 3rd woman. 2nd couple step up on bars 3-4.
- 9-16 1st couple dance reels of three across the dance with 2nd and 3rd couples, 1st woman giving left shoulder to 2nd man to begin, and 1st man giving left shoulder to 3rd woman. 2nd and 3rd couples dance complete reels but, on bar 12, 1st couple turn each other with the right hand to continue in the track of each other's reel. At the end, 1st couple meet in the middle in second place and pull right shoulder back to face first corners.
- 17-18 1st couple change places with their first corners giving right hands while second corners set facing each other.
- 19-20 First corners turn with the left hand three quarters round, while 1st couple and second corners dance round clockwise to the next corner position.
- 21-22 1st couple change places with their first corners in person giving right hands while second corners set facing each other.
- 23-24 1st couple turn with the left hand one and a quarter times to face first corner positions, while the corners dance round clockwise to the next corner position.
- 25-28 Giving right shoulder to person in first corner position, 1st couple dance a half reel of four with first corners. At the end, 1st couple pass by the right to face second corner positions.
- 29-32 Giving right shoulder to the person in second corner position, 1st couple dance a half reel of four with second corners. At the end, 1st couple pass by the right to second place on own sides.

Repeat, having passed a couple.

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Sleepy Maggie (32 bar reel for 3 couples in 4 couple set)

RSCDS Book 11

- 1-4 1st and 2nd couples dance four hands once round to the left.
- 5-8 1st couple set and cast off one place.
- 9-16 1st and 3rd couples dance right hands across and left hands back. 1st couple finish facing first corners.
- 17-24 1st couple set to and turn corners to finish between them.
- 25-30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass first corners by the left to begin.
- 31-32 1st couple, giving right hands, cross over to second place, on own sides.

Repeat, having passed a couple.

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Note for NZ Branch Medal Tests:

Bars 17-24: Turning corners is with 2 hands and using setting steps, corners turn for 2 bars.